

East Gym Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-10:15am Open Gym	6:00-10:15am Open Gym	6:00-10:00am Open Gym	6:00-10:30am Open Gym	6:00-10:00am Open Gym	7:30-8:50am Open Gym
10:30-11:30am Let's Play	10:30-11:30am Gym Kidz	10:00-11:30am Let's Play	10:45am-12:15pm Sports Kidz	10:00am-11:15pm Fitness Classes	9:00-10:00am Advanced P-ball
11:30am-1:00pm Open Gym	11:45-12:45pm Open Gym	11:30am-1:00pm Open Gym	1:00-3:00pm Fitness Classes	11:15am-2:30pm Open Gym	10:00am-12:00pm Pickleball
1:00-2:00pm Fitness Class	1:00-3:00pm Fitness Classes	1:00-2:00pm Fitness Class	3:30-10:00pm Open Gym	2:30-3:30pm Advanced P-ball	12:00-8:30pm Open Gym
2:00-3:30pm Open Gym	3:30-10:00pm Open Gym	2:00-3:00pm Open Gym		3:30-5:00pm Pickleball	Sunday
5:45-7:00pm TaeKwonDo		3:00-5:00pm Pickleball		5:00-10:00pm Open Gym	11:00am-1:00pm Open Gym
7:00-10:00pm Open Gym		5:45-7:30pm TaeKwonDo			1:00-4:00pm Pickleball
		7:30-10:00pm Open Gym			4:00-6:30pm Open Gym

NOTE: Schedule can change without notice. Please allow time between activities.

RULES:

No food or drink allowed in the gym.

Please wear non-marking gym shoes and gym clothing.

No swim suits, bare feet, or flip flops.

Baseballs, racquetballs, and other balls of similar size are not allowed in the gym.

No full court games when West Gym has a club activity.

*63 hours of open gym per week