

# West Gym Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-10:00am Open Gym	6:00am-6:30pm Open Gym	6:00-10:00am Open Gym	6:00am-6:30pm Open Gym	6:00am-6:30pm Open Gym	7:30am-6:30pm Open Gym
10:00-11:30am Fitness Class	6:30-10:00m Basketball League	10:00-11:30am Fitness Class	6:30-10:00pm Basketball League	6:30-10:00pm Family Open Gym	6:30-8:30pm Family Open Gym
11:30-6:30pm Open Gym		11:30-7:00pm Open Gym			<b>Sunday</b>
7:00pm-10:00pm Volleyball		7:00-10:00pm Basketball League			11:00am-1:00pm Full Court Games
					1:00-6:30pm Open Gym

**NOTE: Schedule can change without notice. Please allow time between activities.**

**RULES:**

No food or drink allowed in the gym.

Please wear non-marking gym shoes and gym clothing.

No swim suits, bare feet, or flip flops.

Baseballs, racquetballs, and other balls of similar size are not allowed in the gym.

No full court games during Family Night or when East Gym has a club activity.

\*84 hours of open gym per week