

# Let's Play - Winter

**Let's Play** - This is a program for preschoolers. These classes are on Monday and Wednesday mornings. The 2-yr olds meet on Wednesday only. Parents are required to attend with their 2-yr olds. Children participate in activities relevant to the theme for the week. Activities are planned to develop large motor skills, coordination, and attention span while participating in a group.

Non-members \$40 (+tax)

	<u>Mon</u>	<u>Wed</u>
Age 2		10:00
Age 4-5	10:30	10:30
Age 3-4	11:00	11:00

<p>Jan 8 &amp; 10 Celebrate the New Year <b>HAPPY NEW YEAR</b></p> 	<p>Jan 15 &amp; 17 Winter Wonderland</p> 	<p>Jan 22 &amp; 24 Teddy Bear Picnic</p> 	<p>Jan 29 &amp; 31 Winter Sports</p> 
<p>Feb 5 &amp; 7 Shapes &amp; Colors</p> 	<p>Feb 12 &amp; 14 Healthy Hearts</p> 	<p>Feb 19 &amp; 21 Happy Birthday Party</p> 	
<p>Feb 26 &amp; 28 Circus Day</p> 	<p>Mar 5 &amp; 7 March Madness</p> 	<p>March 12 &amp; 14 Treasure Hunt</p> 	

## Gym Kidz

**Gym Kidz** - Tuesdays. This is a recreational gymnastics program. Children will participate on the bar, beam and floor. You can sign up at the Front Desk. There is no charge to members to participate and non-members are charged \$40.00 a session.

GYM KIDZ - A.M. Tuesday's  
 Pre-school (4-5) 10:30-11:00  
 Pre-school (2-3) 11:00-11:30  
 <Parent-tot>

GYM KIDZ - P.M. Tuesday's  
 Beginning 1 (5-7) 3:45-4:30  
 Beginning 2 (8-12) 4:30-5:15



Lake Shore  
ATHLETIC CLUB

# Sports Kidz - Winter

## Ages 5-7

Monday 3:30-4:15

January 8  
Dodgeball

February 12  
Dodgeball

January 15  
Rock Wall Climbing

February 19  
Rock Wall Climbing

January 22  
Basketball

February 26  
Basketball

January 29  
Soccer

March 5  
Parachute Games

February 5  
Scooter Board Games

March 12  
Jump Rope Games

## Ages 8-12

Monday 4:15-5:00

January 8  
Dodgeball/Wall Ball

February 12  
Dodgeball

January 15  
Racquetball

February 19  
Creative Day

January 22  
Basketball

February 26  
Basketball

January 29  
Soccer

March 5  
Raquetball

February 5  
Badmitten

March 12  
Boot Camp

This is a program to learn specific skills and have a chance to practice through games and drills. Come join the class and learn a new game and have fun!! No charge to members. \$40.00 (+tax) charge for non-members. The 2018 Winter session is 10 weeks.

\*Please send children in gym clothing and clean non-marking shoes for all classes.\*

