

Sports Kidz - Fall

Ages 5-7

Monday 3:30-4:15

Sept. 13 Soccer	Oct. 18 Rockwall
Sept. 20 Parachute Games	Oct. 25 Scooter Boards
Sept. 27 Dodge Ball	Nov. 1 Basketball
Oct. 4 Basketball	Nov. 8 Wall Ball
Oct. 11 Hockey	Nov. 15 Creative Day

Ages 8-12

Monday 4:15-5:00

Sept. 13 Soccer	Oct. 18 Pickle Ball
Sept. 20 Boot Camp	Oct. 25 Boot Camp
Sept. 27 Dodge Ball	Nov. 1 Basketball
Oct. 4 Basketball	Nov. 8 Wall Ball
Oct. 11 Hockey	Nov. 15 Creative Day

MONDAY Sports Kidz

This is a program to learn specific skills and have a chance to practice through games and drills. Come and join the class and learn a new game and have fun!!

No charge to members.

\$40.00+tax for non-members.

The Fall session is 10 weeks.

Please remember to send children in gym clothing and clean non-marking shoes for all classes.



SPORTS KIDZ

Ages 5-7

Ages 8-12

MONDAY

3:30-4:15

4:15-5:00

Lake Shore
ATHLETIC CLUB

Let's Play - Fall

<p>Sept 13 & 15</p>  <p>Back to School</p>	<p>Sept 20 & 22</p>  <p>Harvest Days</p>	<p>Sept 27 & 29</p>  <p>Fall Sports</p>	<p>Oct 4 & 6</p>  <p>Under the Sea</p>	<p>Oct 11 & 13</p>  <p>Blast Off into Space</p>
<p>Oct 18 & 20</p>  <p>Fire Safety Week</p>	<p>Oct. 25</p>  <p>Wild West</p>	<p>Oct. 27</p>  <p>Halloween Party</p>	<p>Nov 1 & 3</p>  <p>Jungle Adventure</p>	
<p>Nov 8 & 10</p>  <p>Parachute Games</p>	<p>Nov 15 & 17</p>  <p>Turkey Games</p>			

Let's Play - This is a program for preschoolers. These classes are on Monday and Wednesday mornings. The 2-yr olds meet on Wednesday only. Parents are required to attend with their 2-yr olds. Children participate in activities relevant to the theme for the week. Activities are planned to develop large motor skills, coordination, and attention span while participating in a group. No charge to members. Non-members are \$40.00 +tax.

Gym Kidz

Gym Kidz - Tuesdays. This is a recreational gymnastics program. Children will participate and do routines on the bar, beam and floor. You can sign-up at the Front Desk. There is no charge to members to participate and non-members are charged \$40.00 + Tax a session.

Gym Kidz - A.M. Tuesday's
 Pre-school (4-5) 10:30-11:00
 Pre-school (2-3) 11:00-11:30
 <Parent-tot>

Gym Kidz - P.M. Tuesday's
 Beginning 1 (5-7) 3:45-4:30
 Beginning 2 (8-12) 4:30-5:15

LET'S PLAY	Mon	Wed
Age 2-3		10:00
Age 4-5	10:30	10:30
Age 3-4	11:00	11:00

Lake Shore
 ATHLETIC CLUB