

Indoor Pool Schedule

October 1 - 31



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
Club Closed		*Lap Swim 6:00 am - 7:00 am		*Lap Swim 6:00 am - 7:00 am		*Lap Swim 6:00 am - 7:00 am		*Lap Swim 6:00 am - 7:00 am		*Lap Swim 6:00 am - 7:00 am		Club Closed			
		<u>Lane 1</u> Private Lessons	*Lap Swim 7:00 - 7:45am	<u>Lane 1</u> Private Lessons	*Lap Swim 7:00 - 7:45am	<u>Lane 1</u> Private Lessons	*Lap Swim 7:00 - 7:45am	<u>Lane 1</u> Private Lessons	*Lap Swim 7:00 - 7:45am	<u>Lane 1</u> Private Lessons	*Lap Swim 7:00 - 7:45am				
		Aqua Aerobics 8:00 - 8:45 am		Aqua Aerobics 8:00 - 8:45 am		Aqua Aerobics 8:00 - 8:45 am		Aqua Aerobics 8:00 - 8:45 am		Aqua Aerobics 8:00 - 8:45 am		Aqua Aerobics 8:00 - 8:45 am		Lap Swim 8:00 - 9:00 am	
		<u>Lane 1</u> Private / Swim Lessons	*Lap Swim 9:00 - 10:45am	<u>Lane 1</u> Private Lessons	*Lap Swim 9:00 - 10:45am	<u>Lane 1</u> Private / Swim Lessons	*Lap Swim 9:00 - 10:45am	<u>Lane 1</u> Private Lessons	*Lap Swim 9:00 - 10:45am	<u>Lane 1</u> Private Lessons	*Lap Swim 9:00 - 10:45am	<u>Lane 1</u> Private Lessons	*Lap Swim 9:00 - 10:45am	Private Lessons Lane 1 9:00 am - 1:00 PM	*Lap Swim Lanes 2 - 4 9:00 am - 1:00 PM
Private Lessons Lane 1 11:00 - 1:00	*Lap Swim Lanes 2 - 4 11:00 - 1:00	Aquacise 11:00 - 11:45 am **1 Lap lane available		Aquacise 11:00 - 11:45 am **1 Lap lane available		Aquacise 11:00 - 11:45 am **1 Lap lane available		Aquacise 11:00 - 11:45 am **1 Lap lane available		Aquacise 11:00 - 11:45 am **1 Lap lane available					
Open Swim 1:00 - 5:30 PM ** 1 Lap Lane Available		<u>Lane 1</u> Private Lessons	*Lap Swim 12:00 - 3:30 PM	*Lap Swim 12:00 - 3:30 PM		<u>Lane 1</u> Private Lessons	*Lap Swim 12:00 - 3:30 PM	*Lap Swim 12:00 - 3:30 PM		<u>Lane 1</u> Private Lessons	*Lap Swim 12:00 - 3:30 PM	Open Swim 1:00 - 5:30 PM **1 Lap Lane Available			
		Open Swim 3:30 - 5:30 PM **1 Lap Lane Available		Swim Lessons 3:30 - 5:30 PM		Open Swim 3:30 - 5:30 PM **1 Lap Lane Available		Swim Lessons 3:30 - 5:30 PM		Open Swim 3:30 - 5:30 PM **1 Lap Lane Available					
Club Closed		<u>Lane 1</u> Pri. Lesson	Adult Lap Swim 5:30 - 6:30 PM	Adult Lap Swim 5:30 - 6:30 PM		<u>Lane 1</u> Pri. Lesson	Adult Lap Swim 5:30 - 6:30 PM	Adult Lap Swim 5:30 - 6:30 PM		Adult Lap Swim 5:30 - 6:30 PM		Adult Lap Swim 5:30 - 6:30 PM			
		Open Swim 6:30 - 8:00 PM **1 Lap Lane Available		Swim Lessons 6:30 - Close	Open Swim 6:30 - 8:30 PM	Open Swim 6:30 - 8:30 PM **1 Lap Lane Available		Swim Lessons 6:30 - Close	Open Swim 6:30 - 8:30 PM	<u>Lane 1</u> Private Lessons	Open Swim 6:30 - 8:30 PM	<u>Lane 1</u> Private Lessons	Open Swim 6:30 - 7:30 PM	Club Closed	
		Masters Swim 8:00 - 8:45 PM Reservations Required													

* LAP SWIM: FOR ADULTS 17 AND OLDER; BY RESERVATION. NO LIFEGUARD ON DUTY. SWIM AT YOUR OWN RISK. SHOWER BEFORE ENTERING POOL.

RESERVATIONS: www.lakeshoreac.com/reservations or 360-574-1991