

West Gym Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-10:00am Open Gym	6:00am-12:45pm Open Gym	6:00-10:00am Open Gym	6:00am-5:45pm Open Gym	6:00am-2:30pm Open Gym	7:00am-6:30pm Open Gym
10:00-11:30am Fitness Class	1:00-2:00pm Fitness Class	10:00-11:30am Fitness Class	6:00-9:00pm Basketball League	2:30-3:30pm Advanced P-ball	6:30-8:00pm Family Open Gym
11:30-6:30pm Open Gym	2:00-5:45pm Open Gym	11:30-3:00pm Open Gym		3:30-5:00pm Pickleball	Sunday
6:30pm-9:00pm Volleyball	6:00-9:00pm Basketball League	3:00-5:00pm Pickleball		5:00-9:00pm Open Gym	11:00am-1:00pm Full Court Games
		5:00-9:00pm Open Gym			1:00-6:00pm Open Gym

NOTE: Schedule can change without notice. Please allow time between activities.

RULES:

No food or drink allowed in the gym.

Please wear non-marking gym shoes and gym clothing.

No swim suits, bare feet, or flip flops.

Baseballs, lacrosse, and other balls of similar size are not allowed in the gym.

No full court games during Family Night or when East Gym has a club activity.

* over 70 hours of open gym per week