



### **Group Swim Lesson Rates:**

- Member: 8-30-minute lessons = \$ 75.00 + tax
- Nonmember: 8-30-minute lessons = \$ 85.00 + tax
- Lessons are prorated if sessions are less than 8 lessons in length.

### **Group Swim Lesson Schedule and Information:**

- The Fall Winter Spring Program runs September through May in 4-week cycles.
  - Each 4-week session includes 8-30-minute lessons taught every Tuesday and Thursday.
  - Morning, afternoon, and evening times are available.
  - Classes are offered for children aged 6 months to 16.
  - Morning Parent N Tot classes are offered once a week on Wednesdays.  
Evening Parent N Tot classes are offered twice a week on Tuesday/Thursday.
- Summer Group Swim Lessons run every two weeks beginning the Monday following the last day of Vancouver Public Schools (usually late June) and continue through late August.
  - Each two-week summer intensive session includes 8-30-minute lessons taught consecutively, Monday through Thursday.
  - Classes are offered for children aged 6 months to 16.
  - 4-60-minute Diving lessons are available for one week in July and for one week in August.
  - Parent N Tot classes are also offered with 4 lessons per session. Children between the age of 6 months to < 3 are eligible to sign-up.

### **Lake Shore Athletic Club Swim Lesson Policies:**

- To maintain high quality instruction, we do not offer age exceptions.
- If it has been over a year since your child has had swim lessons, we recommend that they repeat the last level they took, even if they passed it at the time.
- If your child has not had swim lessons at Lake Shore Athletic Club before or it has been two months or more since the last lesson with us, a level test to determine the correct level is required. Level Testing is on Tuesday and Thursday nights from 5:30 – 6:00pm or by appointment during the school year and on Tuesdays and Thursdays 12:30 during the summertime. These times are subject to change.
- There are no late registrations. Once class starts, registrations are closed.
- Payment is due within 48 hours of registration by cash or check.
- Registration fees are nonrefundable. In lieu of refunds, swim credits will be issued. Swim credits expire one year from issuance and may be applied towards future swim lessons or other Lake Shore Athletic Club programs.
- We do not offer make-up lessons, give credits, or issue refunds for missed classes.
- In the event of illness or emergency, please call and leave a message for the Aquatics Director.

- No emails or phone calls are made to remind you of your upcoming lessons.
- No guarantee your children will be offered swimming lessons at the same time.
- Spectators are not allowed on the pool deck.

#### **Lake Shore Athletic Club Swim Lesson Policies Continued:**

- If the class you are registering for is full, please place your name on the waitlist. This helps us determine class needs with the possibility of adding classes.
- Wait listed for a class? We will call you before the class begins if a spot has opened. We do not give away spots if a child misses a class, only if they have dropped the class.
- Class ratios are 1:5 - 1:8 depending on the age and level of the class.
- Parent / guardian may accompany participant in the pool for those who need one-on-one assistance. Otherwise, spectators are not allowed on the pool deck.
- Contact: [aquatics@lakeshoreac.com](mailto:aquatics@lakeshoreac.com)

#### **Group Swimming Lesson Daily Class Format:**

- Day 1 – assemble at the Door #1 for Pre classes and Door #3 for Level classes. Door #2 is the mass exit door for all classes. Aquatics personnel will be in the hallway checking the swimmers in, directing them to the correct door and answering questions. The instructor will come and greet you at the door.
- Day 2 – 8: Check in for lesson on the pool deck with your instructor after dressing down and showering, no more than 5 minutes before class, i.e., walk to your designated class area and sit on the blue tiles crisscross and wait for the instructor.
- Day 5 – This is the *earliest day* the instructor may know if your swimmer will be moving on to the next class or not. This is also the earliest day in which signups for the following session may occur. Please ask the instructor which level your swimmer should register for or leave a note at the Front Desk.
- Day 7 is testing day and Day 8 is when skill sheet certificates are handed out.
- Have a question about how your child is doing? Leave a note at the Front Desk and the Aquatic's Director will contact you.

#### **Facility Use Notes:**

- Arrive no more than 15 minutes before your swimming lesson begins.
- Shower before entering the pool.
- Please limit the time in locker rooms as there are always others waiting for the space.
- All swimming lessons will be held in a designated area of the pool.
- You must provide your own towel, goggles and hair ties or swim caps.
- Personal swim bags and shoes remain in either the locker room or outside of the pool deck area.