



HAPPY HOLIDAYS

From all of us at Lake Shore Athletic Club, we would like to wish you all a very happy and healthy holiday season!

Join us for our annual HOLIDAY SOCIAL

Wednesday, December 10th
6:00am - 1:00pm Lobby/Game Room

Come celebrate the season with all of your Lake Shore friends, at our Holiday Social!

We will be serving breakfast and refreshments until 1pm, so feel free to stop on by anytime. Seating available in the Game Room and Lobby.

Songs of the Season

Make sure to plan ahead and attend from 9:15 - 9:45am for a performance by Lake Shore Elementary!

HOLIDAY SCHEDULE*

Christmas Eve ~ December 24th ~ 6:00am - 4:00pm

Christmas Day ~ December 25th ~ CLOSED

New Year's Eve ~ December 31st ~ 6:00am - 4:00pm

New Year's Day ~ January 1st, 2025 ~ CLOSED

Supervised Play Area

December 24th - CLOSED

December 31st - 8:00am - 12:00pm

*Classes scheduled before 2:00pm will be held, unless posted otherwise. Thank you.

KEY DATES

12/02 Swim Lessons #4 begins
12/10 Annual Holiday Social
12/17 Fit Kid's Holiday Party
12/25 Merry Christmas! Club Closed

Winter Weather Policy - Reminder

Lake Shore inclement weather policy states that when Vancouver Public Schools are closed, group fitness classes will be canceled. If the schools are delayed, there will be no morning classes. If the weather clears, afternoon classes may be held - please call us at (360)574-1991 for the most up-to-date information. Thanks.

PARKING ETIQUETTE



Please note - while school is in session, our members are not allowed to use Lake Shore Elementary School parking lots.

During our busy times, it is not uncommon to need to park on the streets surrounding the club. When this is the case, please be considerate of our neighbors - do not block any driveways and give mailboxes plenty of room.

Thank you for your cooperation.

Great Job Turkey Swimmers!

Our Turkey Swim challenge is finished and the numbers are quite impressive!

In total, the registered swimmers completed more than 170 water aerobic workouts and swam more than 10,000 lengths of the pool - that is over 200 miles of swimming!!! Great job to all who participated this year.

Prizes have been drawn and the winners have been contacted. Challenge t-shirts will be available for pick up from the Front Desk in early December. Stay tuned.

FIT KIDZ HOLIDAY PARTY!

WEDNESDAY
DECEMBER 17th
10am East Gym

Join us in a winter wonderland for holiday games, crafts & snacks!

Santa Claus is stopping by too!

Don't miss out on the fun!

SIGN UP VIA APP OR AT THE FRONT DESK.

*Under Programs Tab >> Select "Gym" as Category
Click Show Programs >> Select Holiday Party! >> Sign up or stop by the Front Desk and we can assist in getting your kids registered.

Members/Program Participants: **Free!**
Non-Members: Standard Guest Fees Apply

Fit Kidz - Winter Session

Registration will open on December 7. Make sure to sign your kids up for the Winter Session of our Fit Kidz programs, which begins Monday, January 5th. These fun-filled 10-week programs include activities for all ages and interests.

Members: No Charge! Non-members \$40 (+tax)

Children must be registered to participate.

Fit Kidz program registrations are now available thru the member portal or on our LSAC mobile app.

Under Programs Tab >> Select "Gym" as Category
Click Show Programs >> Select the class + age group you desire >> Sign up

or stop by the Front Desk and we can assist!



2401 NW 94th St.
Vancouver, WA 98665
(360) 574-1991
www.lakeshoreac.com

Club Hours:

Monday - Friday 6:00am - 9:00pm
Saturday 8:00am - 8:00pm
Sunday 11:00am - 6:00pm

Supervised Play Area Hours:

Monday - Friday 8:00am - 12:00pm, 3:30pm - 8:30pm
Saturday 9:00am - 1:00pm
Sunday 2:00pm - 4:30pm

Group Swim Lessons

Lessons are taught Tuesday and Thursday afternoons and evenings. Each session consists of 8, 30 minute lessons, except Parent-Tot which consists of 4, 30 minute classes, taught once a week on Wednesdays.

Classes are offered for children aged 6 months to 16 years old.

Parents **MUST** know correct swim level to register.

Level Testing: Tuesdays & Thursdays 5:30pm, or by appointment.

Session 4 - December 2 - 18 (half session)

Session 5 - January 6 - 29, 2026

Session 6 - Pool Closure (details below)

Session 7 - March 3 - 26, 2026

Session 8 - April 14 - May 7, 2026

Session 9 - May 12 - June 4, 2026

Group Swim Lesson Rates:

Member: \$ 85.00 + tax

Non-member: \$ 95.00 + tax



Group swim lesson registration can now be found online, through the member portal & LSAC app!

Payment is due at the time of registration. *No refunds will be issues for swim lesson registration.*

Attention Swimmers

Indoor Pool - December Schedule Updates

No Evening Lap Swim on 12/6 and 12/20

Holiday Open Swim Dates:

- Tuesday, December 23: 1- 4PM / 6:30 - 8:30PM
- Wednesday, December 24: 1:00 - 3:30PM
- Thursday, December 25: CLOSED
- Friday, December 26: 1- 4PM / 6:30 - 8:30PM
- Wednesday, December 31: 1:00 - 3:30PM
- Thursday, January 1: CLOSED
- Friday, January 2: 1- 4PM / 6:30 - 8:30PM
- Saturday, January 3: 1:00 - 5:30PM

Adult Master Swim Class

Mondays 8:00 - 8:45PM Adults only. No fee.

Monthly Skill Focus - to be announced. Stay tuned.

Questions? If you have any questions related to our aquatics program, **stop by the Front Desk** and we will be happy to help.

Visit our website <https://lakeshoreac.com/aquatics>
Email us at aquatics@lakeshoreac.com

AQUATICS NOTICE: February Indoor Pool Closure

We will be installing a new indoor pool liner and making additional aquatic facility improvements beginning in February. To complete this work, the pool will need to close for approximately four weeks. We will share more detailed information on project start dates and the closure schedule as it becomes available.

Thank you for your patience and understanding. **Questions?** Please email aquatics@lakeshoreac.com.

Pickleball Drill Sessions

Outdoor/Indoor Courts (weather pending), limit of 8 players per session.

Sign up now at the Front Desk \$15/session

Thursdays - Dec. 4th, 11th & 18th

Session 1 @ 11:45am - 12:45pm Level 2.0 to 3.0 Fundamentals

Session 2 @ 1pm - 2pm Level 3.0 to 3.5 Intermediate

Tuesday - Dec. 2nd & 16th

Session 1 @ 11:00am - 12:00pm Level 3.5+ Advanced



As the weather turns and the leaves fall, please help us to keep the playing courts free of dust, dirt and debris & ready for action!

Please make sure to wear clean, non-marking gym shoes when playing on indoor courts. Thank you.



Pee Wee Basketball - Saturdays - January 10th, 17th, 24th, 31st

Our Pee Wee Basketball program focuses on developing the FUNDamentals in a basketball practice format. We do drills, relay races, play games and above all, have fun!

6 - 7 years old 9:00 - 9:50am

8 - 9 years old 10:00 - 10:50am

10 - 12 years old 11:00 - 11:50am

Members: Free! | Non-member: \$ 40.00 + tax

Children aged 6+ who are not included on their parent's account will be charge the non-member rate.

Sign up and let's play! Registration will be available at the Front Desk or on the mobile app + member portal on December 17th.

Let's stay connected.

Stay up to speed on upcoming events and club happenings.



@lsathleticclub



@lsathleticclub



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