Indoor Pool Schedule (Subject to Revisions)
November 1 - 21, 2026

Lake Shore Athletic Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Club Closed	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	**Club Closed**
	Aqua Aerobics 8:00 - 8:45 AM	**Aqua Aerobics** 8:00 - 8:45 AM	**Aqua Aerobics** 8:00 - 8:45 AM	**Aqua Aerobics** 8:00 - 8:45 AM	**Aqua Aerobics** 8:00 - 8:45 AM	***Lap Swim + Private Swim Lessons** 8:00 AM -1:00 PM
	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	
***Lap Swim + Private Swim Lessons** 11:00 AM -1:00 PM	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	
Open Swim **1:00 - 5:30 PM** **1 Lap Lane Available**	***Lap Swim + Private Swim Lessons** 12:20 - 3:55 PM **3:00 - 4:00**PM Lanes 1 & 2 for Private Swim lessons	***Lap Swim + Private Swim Lessons** 12:20 - 3:55 PM	***Lap Swim + Private Swim Lessons** 12:20 - 3:55 PM **3:00 - 4:00**PM Lanes 1 & 2 for Private Swim lessons	***Lap Swim + Private Swim Lessons** 12:20 - 3:55 PM	***Lap Swim + Private Swim Lessons** 12:20 - 3:55 PM **3:00 - 4:00**PM Lanes 1 & 2 for Private Swim lessons	**Open Swim** **1:00 - 5:30 PM** **1 Lap Lane Available**
	Open Swim 4:00 - 5:30 PM **1 Lap Lane Available**	**Group Swim Lessons** 4:00 - 5:30 PM	**Open Swim** 4:00 - 5:30 PM **1 Lap Lane Available**	**Group Swim Lessons** 4:00 - 5:30 PM	**Open Swim** 4:00 - 5:30 PM **1 Lap Lane Available**	
Club Closed @ 6:00pm	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM
	Open Swim 6:30 - 8:00 PM **1 Lap Lane Available**	**Group Swim Lessons** 6:30 - 8:00 PM	**Open Swim** 6:30 - 8:30 PM	**Group Swim Lessons** 6:30 - 8:00 PM	**Open Swim** 6:30 - 8:30 PM	**Open Swim** 6:30 - 7:30PM **1 Lap Lane Available**
	Masters Swim 8:00 - 8:45 PM	**Open Swim** 6:30 - 8:30 PM	**1 Lap Lane Available**	**Open Swim** 6:30 - 8:30 PM	**1 Lap Lane Available**	**Club Closed**
	Club Closed @ 9:00pm					

***** LAP SWIM: **NO LIFEGUARD ON DUTY**. Lap swim for Adults 17 and over. SWIM AT YOUR OWN RISK. SHOWER BEFORE ENTERING POOL.

Indoor Pool Schedule (Subject to Revisions)
November 22 - 28, 2026

Lake Shore Athletic Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Club Closed	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	**Club Closed**  **HAPPY THANKSGIVING!**	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	**Club Closed**
	Aqua Aerobics 8:00 - 8:45 AM	**Aqua Aerobics** 8:00 - 8:45 AM	**Aqua Aerobics** 8:00 - 8:45 AM		**Aqua Aerobics** 8:00 - 8:45 AM	***Lap Swim + Private Swim Lessons** 8:00 AM -1:00 PM
	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	***Lap Swim + Private Lessons** 9:00 - 11:20 AM		***Lap Swim + Private Lessons** 9:00 - 11:20 AM	
***Lap Swim + Private Swim Lessons** 11:00 AM -1:00 PM	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available		**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	
	***Lap Swim + Private Swim Lessons** 12:15 - 12:55 PM	***Lap Swim + Private Swim Lessons** 12:15 - 12:55 PM	***Lap Swim + Private Swim Lessons** 12:15 - 12:55 PM		***Lap Swim + Private Swim Lessons** 12:15 - 12:55 PM	
Open Swim **1:00 - 5:30 PM** **1 Lap Lane Available**	**Open Swim** **1:00 - 5:30 PM** **1 Lap Lane Available**	**Open Swim** **1:00 - 5:30 PM** **1 Lap Lane Available**	**Open Swim** **1:00 - 5:30 PM** **1 Lap Lane Available**		**Open Swim** **1:00 - 5:30 PM** **1 Lap Lane Available**	**Open Swim** **1:00 - 5:30 PM** **1 Lap Lane Available**
Club Closed @ 6:00pm	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 8:45 PM		***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM
	Open Swim 6:30 - 7:55 PM **1 Lap Lane Available**	**Open Swim** 6:30 - 8:30 PM **1 Lap Lane Available**			**Open Swim** 6:30 - 8:30 PM **1 Lap Lane Available**	**Open Swim** 6:30 - 7:30PM **1 Lap Lane Available**
	Masters Swim 8:00 - 8:45 PM					**Club Closed @ 8:00pm**
	Club Closed @ 9:00pm					

***** LAP SWIM: **NO LIFEGUARD ON DUTY**. Lap swim for Adults 17 and over. SWIM AT YOUR OWN RISK. SHOWER BEFORE ENTERING POOL.

Indoor Pool Schedule (Subject to Revisions)
November 29 - December 19, 2026

Lake Shore Athletic Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Club Closed	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	***Lap Swim + Private Lessons** 6:00 - 7:50 AM	**Club Closed**
	Aqua Aerobics 8:00 - 8:45 AM	**Aqua Aerobics** 8:00 - 8:45 AM	**Aqua Aerobics** 8:00 - 8:45 AM	**Aqua Aerobics** 8:00 - 8:45 AM	**Aqua Aerobics** 8:00 - 8:45 AM	***Lap Swim + Private Swim Lessons** 8:00 AM -1:00 PM
	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	***Lap Swim + Private Lessons** 9:00 - 11:20 AM	
***Lap Swim + Private Swim Lessons** 11:00 AM -1:00 PM	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	**Aqua Aerobics** 11:30 - 12:15 PM *1 Lap lane available	
Open Swim **1:00 - 5:30 PM** **1 Lap Lane Available**	***Lap Swim + Private Swim Lessons** 12:20 - 3:55 PM	***Lap Swim + Private Swim Lessons** 12:20 - 3:55 PM	***Lap Swim + Private Swim Lessons** 12:20 - 3:55 PM	***Lap Swim + Private Swim Lessons** 12:20 - 3:55 PM	***Lap Swim + Private Swim Lessons** 12:20 - 3:55 PM	**Open Swim** **1:00 - 5:30 PM** **1 Lap Lane Available**
	Open Swim 4:00 - 5:30 PM **1 Lap Lane Available**	**Group Swim Lessons** 4:00 - 5:30 PM	**Open Swim** 4:00 - 5:30 PM **1 Lap Lane Available**	**Group Swim Lessons** 4:00 - 5:30 PM	**Open Swim** 4:00 - 5:30 PM **1 Lap Lane Available**	
Club Closed @ 6:00pm	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM	***Lap Swim + Private Swim Lessons** 5:35 - 6:25 PM
	Open Swim 6:30 - 7:55 PM **1 Lap Lane Available**	**Group Swim Lessons** 6:30 - 8:00 PM	**Open Swim** 6:30 - 8:30 PM **1 Lap Lane Available**	**Group Swim Lessons** 6:30 - 8:00 PM	**Open Swim** 6:30 - 8:30 PM **1 Lap Lane Available**	**Open Swim** 6:30 - 7:30PM **1 Lap Lane Available**
	Masters Swim 8:00 - 8:45 PM	**Open Swim** 6:30 - 8:30 PM		**Open Swim** 6:30 - 8:30 PM		**Club Closed**
	Club Closed @ 9:00pm					

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